**Core Science Foundation Survey :**

**“Core-Energetics in times of Corona”**

The current corona crisis has a significant impact on the lives of masses of people.

With this survey, we as the Core Science Foundation want to map the impact of the corona crisis on the practice of Core Energetics.

With this survey we can also learn about how practitioners use technology in a human, emotionally containing and meaningful way as a response.

Please mail this document to Tanja Konig, secretary of the core Science Foundation:

[tanja@coresciencefoundation.com](mailto:tanja@coresciencefoundation.com)

All data will be processed anonymously.

**A remark about your privacy**

This survey is anonymous

The data received in this survey do not contain any information that can be tracked back to you.

1. In which country do you practice Core Energetics?

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1. How has the Corona crisis affected your work as a therapist?

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1. What do you think is the contribution of Core Energetics in this crisis?

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1. Are you offering online therapy?
   * + - * Yes
         * No

If Yes, which format?

Videoconferencing format (Zoom, Skype, Whereby, Jitsi Meet, Signal, Messenger, other)

Chat

Email

Phone call

1. When using videoconferencing, what do you use?

Smartphone

Personal computer

Tablet

Do you have recommendations from your current experience?

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1. When using videoconferencing, have you encountered technical and personal issues (concerning the setup of the room of the client and of the therapist, yours or the client’s digital literacy and access to IT tools, the angle of the camera, connection problems, payment, etc.)
   * + - * Yes
         * No

Which problem do you remember most? Do you have recommendations from your current experience?

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1. Have you taken on new clients doing online sessions?
   * + - * Yes
         * No

If Yes, how was it?

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1. Did you take extra or specific measures concerning the protection of confidentiality, storage of data (recording) and privacy using Videoconferencing.
   * + - * Yes
         * No

Please formulate your recommendations:

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1. Which disadvantages have you encountered doing videoconferencing sessions until now?

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1. Have you found any advantages doing videoconferencing sessions? Please give example(s).

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7. During your online sessions have you worked with :

* 1. “Body Reading”?
     + - * Yes
         * No

How was that? Please formulate your recommendations when working from a

distance:

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* 1. “Charge/Discharge”?
     + - * Yes
         * No

How was that? Please formulate your recommendations when working from a

distance:

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* 1. “Somatic Resources” (posture, breath, boundaries, reaching out, nurturance, touch, .…)
     + - * Yes
         * No

How was that? Please formulate your recommendations when working from a

distance:

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* 1. “Traumatic Memories”
     + - * Yes
         * No

How was that? Please formulate your recommendations when working from a

distance:

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* 1. “Props” (e.g., cube, roller, bataka/sword, therapy balls, pillows, ropes for boundary work,…) available to both you and the client
     + - * Yes
         * No

How was that? Please formulate your recommendations when working from a

distance:

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* 1. “Penetrating the Mask”?
     + - * Yes
         * No

How was that? Please formulate your recommendations when working from a

distance:

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* 1. “Transforming the Lower Self”?
     + - * Yes
         * No

How was that? Please formulate your recommendations when working from a

distance:

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* 1. “Centering in the Higher Self”?
     + - * Yes
         * No

How was that? Please formulate your recommendations when working from a

distance:

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* 1. “Universal Life Plan”?
     + - * Yes
         * No

How was that? Please formulate your recommendations when working from a

distance:

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THANK YOU!!!

Dirk Marivoet, Tanja Konig, Gees Boseker, Jan-Willem de Goeij